

Guidance for Training Providers and Educators

Introduction

The following has been developed in co-operation with industry partners. Each year over 1 million people learn to swim using content from Swim England's Learn to Swim programme.

This document aims to support training providers and educators in returning to swimming facilities for purposes of education and training, following the period of closure, due to Covid-19, and provides guidance on reducing the risk of Covid-19 transmission within the swimming pool environment.

It will highlight the continued requirements for safe social distancing and enhanced hygiene regimes, along with guidance on how this will impact on the different experience the learner will have.

As with all environments there is still a level of risk of Covid-19 transmission in aquatic settings that requires control measures to be implemented. Training providers must create their own risk assessment before implementing any of the activities listed below.

Education Principles

- Training providers should have dedicated officers responsible for Covid-19 considerations, making sure that they are up to date with central or local government recommendations. This person/people should be aware of the rules and guidance set out by each facility where education and training may take place.
- Educators should be provided with the facilities updated PSOP which should include Risk assessment, NOP and EAP.
- Training providers and training facilities should consider the number and movement of trainee teachers on poolside and how this can be managed to ensure social distancing based on each poolside's capacity.
- Training providers should consider splitting groups / reducing learner numbers for poolside practical teaching sessions based on each poolside's capacity.
- Consider how trainee teachers and coaches operate on poolside following the [Swim England Guidance for Swimming Lessons](#) and [Swim England Guidance for Clubs](#).
- Lifesaving provision will be provided by the facility as per current education programme and should adhere to the [RLSS UK's guidance on lifeguard provision](#).

- Follow RLSS guidance regarding any tutor intervention/emergency support that is required (on grounds of safety).
- Pre practical briefing and debrief to be delivered in large spaces following social distancing guidance.
- Consider access, movement and spacing within the designated learning space following social distancing guidance.
- Consider other methods for providing one to one feedback following the practical teaching sessions.
- Social distancing guidance to be followed for any tutor led/peer led practical sessions or consider other methods of delivery.
- Follow **Swim England Guidance for Swimming Lessons** and **Swim England Guidance for Clubs** on the use and cleaning of equipment.
- Training providers to ensure sufficient access to wash station for all designated learning space.
- Learners should use their own textbooks, pens and any other resources and these are not to be shared.
- Use electronic assessment materials to reduce the need for learner assessment portfolios.
- Tutors to consider the suitability of teaching and learning resources.
- Educator workforce should attend **relevant seminar sessions** to ensure they are ready to adapt to the new environment.
- Ensure all learners follow health guidelines for isolation should they become unwell, pre or during the education programme.
- Ensure training providers are still following regulatory bodies guidelines on assessment requirements - see relevant awarding organisation guidance for your nation.

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Provided within this section is further detail on how to implement the guiding principles for the delivery of education programmes. This includes practical ideas and additional considerations for the implementation of the guidance, along with links to supporting resources and examples of best practice.

Guidance	Considerations	Resources
<p>Training providers should consider splitting groups/reducing learner numbers for poolside practical teaching sessions based on each poolside's capacity.</p>	<ul style="list-style-type: none"> • Training providers will need to consider how many trainee teachers and/or coaches can be on site or in the education programme at any one time. • Examples could include, splitting level 1 groups into two groups of 8 and for Level 2, splitting into two groups of six learners. • Consider how many would be teaching and how many would be observing and/or assisting (including safe and suitable areas for this to occur). 	
<p>Consider alternative methods of delivery for dry side content.</p>	<ul style="list-style-type: none"> • Pre practical briefing and debrief to be delivered in larger spaces. For example sports hall, other suitable open space or outside areas. • Consider providing one to one feedback following the practical teaching sessions away from the aquatic education setting. • For any tutor led/peer led practical sessions, consider other methods of delivery to ensure social distancing i.e. use of video content, role play and/or virtual peer activities. • Consider the use of technology or video to reduce the time needed for this type of activity i.e. stroke analysis online. 	<p>Online meeting tools like Zoom, Teams and Skype.</p> <p>Email and telephone.</p>

<p>Learners should use their own textbooks, pens and any other resources and these are not to be shared.</p>	<ul style="list-style-type: none"> • Use electronic assessment materials wherever possible to reduce the need for paper based learner assessment portfolios. • Textbooks – learner to have their own and keep for their own use. • Game cards – show them, don't share them around and consider e-version. • Learners to use their own pens and other stationary throughout. • Consider use of individual mini whiteboard, pen and rubber. • Use technology for delivery where possible to reduce contact time. • Tutors to consider the suitability and safe use of teaching and learning resources such as pens and flip chart. Where possible use electronic supportive resources. • Try to use your own projector where possible, if using centres equipment minimise movement of this. • Laminate any table handouts and then sanitise after use. 	<p>Laminator and laminate pouches.</p>
<p>Consider access, movement and spacing within the designated learning space following social distancing guidance.</p>	<p>Access</p> <ul style="list-style-type: none"> • Consider entries and exits and one way movement within classroom spaces. • Seating spaced far enough apart to adhere to social distancing guidance. • Consider use of other areas within the facility for example sports hall, other suitable open spaces or outside areas. 	

<p>Educator workforce should attend relevant seminars sessions to ensure they are ready to adapt to the new environment.</p>	<ul style="list-style-type: none"> • Educators should attend relevant training and familiarise themselves with the guidance to ensure they have this knowledge when delivering education programmes. 	<p>Learn to Swim Webinars – Current and past webinars to support this.</p> <p>Institute of Swimming online training.</p>
<p>Ensure training providers are still following regulatory bodies guidelines on assessment requirements see awarding organisation guidance for your nation</p>	<ul style="list-style-type: none"> • Awarding organisations may issue specific guidance on their qualification assessment guidelines following the release of this guidance. • England and Wales – Swim England Qualifications. • Scottish Swimming. • Swim Ireland. 	